



**GLADESVILLE-HORNSBY
FOOTBALL ASSOCIATION INCORPORATED**

PLAYERS EQUIPMENT

The purpose of this document is to inform all players of the regulations re what players can wear onto the field of play.

The overarching rules in respect of any playing equipment or any items worn are set out in Law 4 of FIFA's Laws of the Game –

“A player must not use equipment or wear anything that is dangerous to himself/herself or another player (including any kind of jewellery)”

USE OF EQUIPMENT

Headwear

Unless otherwise exempted or allowed by a referee, goal keepers are the only players who are permitted to wear caps as they may constitute a danger to opponents.

The International Football Association has declared that players are allowed to wear the Hijab in football matches. The Hijab must be the same tonal colour as the main colour of the player's shirt.

Head bands and Wrist bands

The wearing of cloth head and wrist sweat bands are permitted.

Hair ties

Material and elastic hair ties only are permissible.

Undershirts

Long sleeved undershirts must be the same tonal colour as the player's shirt – ie if a player's shirt contains more than 1 colour, then the tonal colour of the undershirts must be the dominant colour of the player's shirt.

Undershorts

Undershorts must be the same tonal colour as the main colour of the player's shorts. Players are permitted to wear full length undershorts provided they are the same tonal colour as the main colour of the shorts.

